



# Newsletter ~ Vallabh Vidya Mandir ~



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Date: May 2010

## An Expression...

In this issue of the newsletter, I want to share with you my personal plans. I revealed not so long ago that one-day in the not-too-distant future I'd step down as VVM principal.

Therefore, effective at the end of the academic year, I plan to retire as VVM Principal. I will, however, continue to be on the advisory Board and will work with the new Principal Mrs. Rachana Ben Shah.

I look forward to the opportunity to continue to serve this wonderful school, although I admit it is in good hands and can do very well without any contributions from me in the future. No doubt VVM, in the hands of our new principal and the volunteer teacher's team, would do well even if I moved to Mars.

I want to emphasize that I am grateful to VVM for having given me the opportunity to be part of the accomplishments as well as the great times we have had over the years. My years at this wonderful school have been the best of my working life. And my many positive experiences here, both

professional and personal, will always be remembered fondly. I wish to take this opportunity to extend my gratitude to VVM board, the trustees, teachers and parents for their cooperation, understanding, and support during my tenure here. I would also like to express appreciation to my fellow teachers and other colleagues for their support and friendship.

I want to thank everyone for their contributions to the success of Vallabh Vidya Mandir. In extraordinarily complex and challenging times you have helped the school achieve excellence and provide enrichment to our community. Today, Vallabh Vidya Mandir is stronger than ever to withstand whatever comes its way. We have tremendous teachers, a strong and cohesive management team, solid curriculum resources, and a clear strategic direction.

As long as everyone continues to contribute with the same passion and tenacity Vallabh Vidya Mandir is exceptionally well positioned for the future and will continue to serve our community.

I hope that you will extend an invitation to me to visit occasionally since these halls and those who have passed through them have made a huge impact on me.

Finally, I would like everyone at VVM to know how pleased I am to have had the opportunity to serve for the past 5 years. Many thanks to all of you again. It has been a privilege to work with you and the memories will always be cherished.

*Phalguni Kikani*

**..VVM Annual Show**

**May 23<sup>rd</sup> 2010, 3 – 5 PM**

**Mark your calendars!!!**

**Pls Invite Friends & Family  
All are Welcome**

## The March is On..

In her wonderful book, *The Wealthy Spirit*, Chellie Campbell describes how, when she was a girl, her mother taught her to play "The Glad Game". On days when Chellie came home from school



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complaining about something - a bully on the playground, a harsh teacher, a skinned knee, or difficult homework, Chellie's mom would hug her, kiss away her tears, and then suggest, "OK, enough complaining. Let's play 'The Glad Game.'"

The Glad Game is another name for a Gratitude List. The Glad Game helps you focus on what's right in your world today, instead of what's wrong. Chellie's mom was a wise woman, teaching her that no matter what your troubles, there are still plenty of things to be grateful for - a sunny day, good food to eat, a loving family, a house to live in, a family pet to love, a handful of friends to enjoy and much more.

Chellie would follow her mother's suggestion:

"I'm glad I have you as my mom."

"I'm glad the weekend is almost here."

"I'm glad I have some nice clothes to wear to school."

"I'm glad I don't have to share my room with my sister anymore."

"I'm glad I get to watch TV when I finish my homework."

"I'm glad we have pie for dessert."

Playing The Glad Game is a terrific way to change your attitude in a hurry. We all slip into self-pity once in a while; after all, we're only human. The important thing is to cut the pity-party short and shift into gratitude. An attitude of gratitude will get you much farther in life than complaining and self-pity. Try it and see.

(Source – Simple Truths)

*Sureshbhai Patel*

**..Registration  
2010-2011 Academic Year**

**Aug 22<sup>nd</sup> & Aug 29<sup>th</sup> 2010,**

**Mark your calendars!!!**

**For details pls contact  
Rachana Shah (713) 256-7424  
Or  
Sureshbhai Patel (832) 603-1850**

## Introduction...

JAI SHREE KRISHNA to all the members of Vallabh Vidya Mandir,

I am pleased to inform you that, I will be taking responsibility as Principal of Vallabh Vidhya Mandir School from Ms Phalguniben Kikani for the year 2010-2011, but at the same time we all will be missing her very much.

Phalguniben is retiring (?) after putting in excellent performance during previous five Years, as Principal. I hope my education as a Masters in Home Economics, from M.S. University, Baroda and BBA from University of Houston will help me in taking responsibility as Principal of VVM School. But, having worked as a teacher for 3 years in VVM and working closely with Phalguniben will make the transition smooth. Phalguniben during her term has performed her duties as Principal, with dedication, commitment and efficiency. I will try to perform as well as she has done. However, with guidance from Phalguniben and active support and cooperation from all of you, we hope to do if not better, at least match the performance of Phalguniben

As our organization is growing, there are many more challenges ahead of us and will require your support, commitment



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and more volunteers to meet the challenges. VVM is one of the few organizations in USA which provides the classes for all age levels and variety of courses such as on Hindu religion, Yoga, Art, Cooking, SAT, Hindi and Gujarati languages, Dance, and Music. I really give kudos to all volunteers, VVM staff and their family members for their continuing support to VVM.

I therefore request you all once again, let us get ready and work together to face the challenges and make 2010-2011 successful and another fun year. My email is [VVMhouston@gmail.com](mailto:VVMhouston@gmail.com) and the phone number is 713-256-7424

With warm regards,

*Rachana Shah*

## Fantastic R3..

*“The Bhagwad Gita is a true scripture of the human race, a living creation rather than a book, with a new message for every age and a new meaning of civilization.- Sri Aurobindo.*

The Religion 3 (R3) class spearheaded by Dr. Sapna Singh and Ms. Suruchi Sablok build on the foundations that our students have attained in previous years. To encourage Oratory and knowledge, on March 28<sup>th</sup> 2010, a poster board presentation was organized by the teachers. All the enrolled 14 students participated with great enthusiasm.

Topics like Introduction to the Bhagvad Gita by Karan Desai, Universal Form of Krishna and Krishna to the rescue of Arjuna by Amrutha Immadi, Lessons from the Gita by Nima Mistry, Pushti Marg is Bhakti Marg by Nilay Patel, Karma Yoga by Jay Shah, The Role of Shri Krishna by Aesha Shah, Dhyana Yoga by Vinit Shah and a Complete Synopsis of the

Bhagvad Gita by Rahul Sirigiri were very well depicted in color and writing by the students. The presentation was attended by staff, teachers and students of VVM. Ms. Rachna Shah adjudged Ms. Hiral Mistry for the first place and Rahul Sirigiri was awarded the second. All the posters will be on display for the Annual Function Day

*Suruchi Sablok*

## ..2010-11 Classes

*The 2010-2011 Academic Year classes start on*

*Sep 12, 2010,*

**Please Mark your calendars!!!**



**Poster Presentation by Religion 3 students**