



Newsletter ~ Vallabh Vidya Mandir ~



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Volume Number 6

Issue Number 2

Date: Feb 2010

An Expression...

This is the month of spring (*Vasant Ritu*)- a season of love, blossoming flowers, and Valentine...it is time to feel and experience love!

We all know that Love cannot be given or taken, it is matter of realization. Love is a feeling. It is not a gross thing it is subtle. Attachment is not love. If love breaks or it is gone...it is NOT LOVE. Love is desire less – wishing something in love will take away the essence of love. *Nishkam Prem* - No desire, no expectation is Love. Concept of love has no taking - it is just giving! In *Bhakti Sutra*, *Narada* explains that love has to be quality less and desire less. If we love someone for certain qualities, it can't be love because those qualities may fade, or change...in that case; love will change and fade as well. Real love is like wood and water. The water doesn't drown the wood.... the wood holds the water in and they absorb each other.

Ordinarily when one loves anyone there is some form of expectation attached and it is conditional. It is

necessary to understand this difference of “love with desire” versus “love without desire.”

Our love should bring peace and happiness to ones we love. If our love is based on a selfish desire to possess others, we will not be able to bring them peace and happiness. On the contrary, our love will make them feel trapped. Such a love is no more than a prison. If the persons we love are unable to be happy because of our love, they will find a way to free themselves.

Swami Chinmayananda said in his article, *In Love: The greatest Force* – “In love the problem is not **who** to love, but **how** to love. Love is an ability, a capacity in our minds which is to be systematically cultivated. Once the faculty of love has developed, we have the total freedom to love, and then any situation is a fertile field for our love to grow.

Love, when it is true and full, unconditional and joyful, is its own reward. Very few realize this none dare to live it. Some of us love only if we are loved in return! That is, we will give love in payment for the

love received! This is a commercial attitude. To give only to be able to receive is an expression of our mental weakness. The sun gives and demands nothing, the earth, the moon, the rains, the rivers, the flowers, everywhere in nature, the universal rhythm is to give lovingly and not to demand love from others. To give love is true freedom to demand love is pure slavery.

..No Classes

There will be No Classes on

February 28th , 2010

Due to the Festival of Holi

Vietnamese Zen master **Thich Nhat Hanh** says that love is more than an emotion it is an understanding. In the mananam series book - “Embracing love”, he mentions an excerpt of conversation between, King Pasenadi and Guutama Buddha. He says, “The love for which all beings truly hunger is loving-kindness and compassion. *Maitri* is the love that has the capacity to bring happiness to another.



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Swami Paramahansa Yogananda said, "The satisfaction of love is not in the feeling itself, but in the joy that feeling brings. LOVE GIVES JOY. We love because it gives us such intoxicating happiness. Love is a universal emotion: its expressions are distinguished by the nature of the thought through which it moves. When love passes through the heart of the father, fatherly consciousness translates it into fatherly love. When it passes through the heart of the mother, motherly consciousness translates it into motherly love. When it passes through the heart of the lover, the consciousness of the lover gives that universal love still another quality. It is not the physical instrument, but the Consciousness through which the love moves that determines the quality of love expressed.

Every reflection of love comes from the Cosmic Love, but when expressed as human love in its various forms, there is always some taint in it. It is the manifestation in them of God's love. By investigating human love, we can learn something of divine

love. For, in human love we have glimpses of the love of God.

On this Valentine month, I wish you all to find pure human love that can give you a glimpse of the Love of God!!

Happy Valentines Day!

Phalguni Kikani

The March is On..

"To get what you've never had, you must do what you've never done."

Understanding this short quote can be the difference between winning or losing; between greatness or mediocrity. It captures the essence of discipline

Why are some people more successful than others? Why do some people make more money, live happier lives and accomplish much more in the same number of years than the great majority?

It seems that the reasons for these accomplishments have been discussed and written about for more than two thousand years, in

every conceivable way. One quality that most philosophers, teachers and experts agree on is the importance of self-discipline. As Al Tomsik summarized it years ago, "Success is tons of discipline."

"Of all the one thousand success principles that have been written about, which is the most important?" The most important success principle of all was stated by Thomas Huxley many years ago. He said, 'Do what you should do, when you should do it, whether you feel like it or not.'" There are 999 other success principles that have been found but without self-discipline, none of them work.

Self-discipline is the key to personal greatness. It is the magic quality that opens all doors for you, and makes everything else possible. With self-discipline, the average person can rise as far and as fast as his talents and intelligence can take him. But without self-discipline, a person with every blessing of background, education and opportunity will seldom rise above mediocrity.

Sureshbhai Patel



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VVM Carnival..

Saturday 13th March
2010

(Rain Date March 20th)

11 AM - 3 PM

Unlimited Fun, Food & Rides

Tickets available at VVM
Counter

For Information Call -
Rajeev @ 281-630-2674
Bijal @ 832-434-9094 or
Amit @ 832-528-8700

Student's Corner....

Sonali Puri, one of our 8 year old students, found a way to express what VVM does, with this beautiful acrostic poem .

Vallabh
Art
Learning
Loving
Aimed
Best Friends
Hindi

VALLABH

Vidya
Instant learning
Dancing
Yoga
All together

VIDYA

Mandir
Act Responsible
Never giving up
Decorative piece
I love VVM
Religion

MANDIR

A short note from another one of our 8 year old students – **Riya Patel**

I go to Vallabh Vidya Mandir so I can learn new things.

I take 2 classes which are Religion 2 and Art. I have been here for 3 years. My favority thing to do in Religion is homework and in art is to draw. I have learned about Hinduism, Religion, Ramayan and Christmas.

VPSS/VVM Kite Festival....

